

GEORGE
HOUSE  TRUST
HIV POSITIVE LIVING

**'TALKING HIV'
PEER
CO-FACILITATOR**



Purpose	To co-facilitate our new 'Talking HIV' discussion group alongside a member of staff.
Work Area	Groups, Peer Support
Key Activities	<p>Co-facilitate Group Discussions: The Volunteer Co-facilitator will actively participate in leading group discussions for individuals living with HIV. These discussions will cover a wide range of topics related to HIV, including prevention, treatment, stigma, mental health, and overall well-being.</p> <p>Create a Supportive Environment: The Co-facilitator will foster an inclusive and supportive atmosphere during group sessions, encouraging open dialogue and sharing among participants.</p> <p>Active Listening: Engage in active listening during discussions, ensuring that participants feel heard and respected.</p> <p>Promote Positive Interaction: Encourage positive interactions among group members, promoting empathy, understanding, and mutual support.</p>
Time Commitment	After induction the Volunteer Co-facilitator role requires a commitment of approximately 4 hours for each session the volunteer is involved with. This includes the time spent facilitating group discussions and any necessary preparation. Talking HIV events occur on a Saturday once every 2 months.
Location	The role takes place during regular 'Talking HIV' group discussions at George House Trust.
Skills/experience required	<p>Prospective candidates should be living with HIV given the peer support nature of the group discussions.</p> <p>Good Listening Skills: The ideal candidate should be an active listener, capable of empathizing with participants and creating a safe space for sharing.</p> <p>Warmth and Empathy: Personal qualities such as warmth, compassion, and empathy are essential for building trust and rapport with group members.</p> <p>Understanding of HIV-related Issues: While formal qualifications are not required, familiarity with HIV-related topics and issues is essential.</p>
Training required	<p>Volunteer Induction</p> <p>Role Specific Induction</p>
DBS required?	No

ABOUT THE VOLUNTEER ROLE

Supervision arrangements	The Volunteer Co-facilitator will be assigned a designated member of staff who acts as their supervisor. This ensures ongoing guidance, support, and development.
Further Information	For further information, or to get involved email rachel@ght.org.uk